

Shona Cameron

Psychologist and NVC Trainer

shonacameron.com

Fees December 2025

FREE initial 30 min consultation session

For Individuals

One to One Sessions: I offer: Supervision, Coaching and Mentoring

50 minute session £100

Blocks of 3 - £230 or of 6 - £450 (recommended fortnightly)

Training Fees (bespoke to your needs, nos. Duration etc.)

Day fee £1,800 Half day £950

Fees exclude accommodation, travel and include printing and materials.

Fees reviewed annually

Recent topics include- Dealing with Anger, Building Resilience, Expressing Ourselves with Power and Compassion, Listening Skills for All.

One to One Sessions

Are in part coaching and mentoring for learning and growth. Learning NVC also involves healing and inner growth. The focus of the session will be you. Each session is guided by what is needed in the moment. The time is used most effectively when you come with some thoughts or notes about what you would like to cover or they can also be space for you to be heard.

Shona Cameron BSc(Hons) MSc. HCPC registered.